



ARTHRITIS



CORE STABILITY



WHIPLASH / NECK AND BACK PAIN



UPPER AND LOWER LIMB SPORTS INJURIES



**HEADACHES** 



WORK RELATED POSTURAL PROBLEMS



GYM BASED EXERCISE REHABILITATION



ACUPUNCTURE FOR PAIN RELIEF



HYDROTHERAPY (OFF SITE)



PRE AND POST OPERATIVE ORTHOPAEDIC ASSESSMENT



MANUAL THERAPY / SOFT TISSUE MOBILISATION



ELECTROTHERAPY

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All patients are educated regarding their musculo - skeletal conditions and are provided with a progressive home exercise programme www.belgravesquarephysio.co.uk